*Complete one form for EACH swimmer**

EMPIRE AQUATICS, INC. SWIM TEAM "EMPIRE SWIMMING"

LIABILITY RELEASE AND INDEMNIFICATION FORM

I, the undersigned participant and parent, request voluntary participation for minor to participate in all events, which are hereinafter referred to as the "activities." sponsored Empire Aquatics, Inc. ("Empire Swimming"), USA Swimming and its local swimming committees. This agreement is valid while the participant is a member of USA Swimming.

I consent to my/minor's participation in the activities and acknowledge that the minor and I fully understand my/minor's participation may involve risk of serious injury or death, including losses which may result not only from my/minor's own actions, inactions or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, and/or the rules of play of this type of event or activity. I understand that if I have any risk concerns, I should discuss the risks associated with my participation with the activity coordinators and event staff, before I sign this document and before any activities begins.

Release – Minor's Rights:			
In consideration of allowing Minor Pa	articipant to participate in the activ	vities, I hereby release and hold harmless	S
Empire Aquatics, Inc. ("Empire S	Swimming"), USA Swimming and	d its local swimming committee and the	ir
members of its board of directors, of	ficers, employees, volunteers, othe	er participants, and agents (collectively, th	ıe
"Released Parties"), of and from, and	do discharge and waive, any and	all claims, demands, losses, damages, an	ıd
liabilities that Minor Participant may h	nave or sustain with respect to any	and all damage and/or injury, of any type	Э,
		at if any portion of this agreement is hel	
to be invalid the balance, notwithstan	· · · · · · · · · · · · · · · · · · ·	3.	
and the second s	g,		
(Print name of minor)	(Signature of minor)	(Date)	
Release - Parents'/Guardians' Rigi	nts:		
In consideration of allowing Minor Par	ticipant to participate in this USA	Swimming event, I hereby release and hol	ld
	·	aive, any and all claims, demands, losses	
damages, and liabilities that I may have	ave or sustain with respect to any	and all damage and/or injury, of any type	е,
arising from Minor Participant's participant	pation in the activities. I also agree	that if any portion of this agreement is hel	ld
to be invalid the balance, notwithstand	<u> </u>	· · · · · · · · · · · · · · · · · · ·	
·	3.		
I certify that my/minor is in good had	ealth and have no physical conditi	ion that would prevent participation in thi	is
		nnce as a primary medical coverage paymer	
if accident or injury occurs. I consent	•	. , ,	
, ,	3	'	
	<u> </u>		
(Print name of Parent/Guardian)	(Signature of parent)	(Date)	

Indemnification by Parent/Guardian:

The undersigned parent/guardian further agrees to indemnify, save and hold harmless the Released Parties from any and all claims, demands, losses, damages and liabilities for indemnities, contribution or otherwise with respect to any damage and/or injury, of any type, arising from Minor Participant's participation in the activities. The undersigned also agrees that this Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement extends to all acts of negligence by the Releasee and is intended to be as broad and inclusive as is permitted by the laws of the State in which the Event(s) is/are conducted and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

(Print name of Parent/Guardian) (Signature of parent) (Date)



Empire Aquatics, Inc. Medical Release Form

Complete one form for EACH swimmer

Swimmers Name:				Birthdate		Gender	Age
Addragge	Last	First	Middle	Homo Dhono			
Address:	Street		Zip	Home Phone			
Parent or Guardian	1:			Work Phone_			
A 11	Last	First	Middle				
Address:	Street						Zip
Emergency	Street						Zip
Contact:					Phone: _		
Name		Relationship	to Swimmer				
Allergies				_			
Does swimmer have an Medications?(penicilling)				Does	swimmer have a	ny other allergies?	
No	-,,,,				No		
Yes-Please List					Yes-Please Lis		
Madical History							
Medical History Asthma		High 1	Blood Pressure		Liver Conditi	on	
Heart Condition		Anem	ia	_	Hernia		
Diabetes			Condition	-		ar/Ear Infections	
Epilepsy/Seizures Other-Please Exp		Kidne	y Condition	_	Headaches/Si	nus_	
_							
Date of last Tetanus Bo Please list any current of		•					
rease list any current o	n regular medications	•					
Does swimmer have his	story of any injuries or	· surgeries that	could affect or be	affected by swimn	ning?		
Shoulder	story or any injuries of	Back	ourd union or or		Head Injury		
Neck	-1-1-	Knee					
Other- Please Ex	piain						
Is swimmer currently un	ndargaing physical the	many for an ini	1977				
No	ildergonig physical the	лару юг ан шус	ily:				
Yes- Please Expl	ain						
ъ ;	64 64						
Does swimmer wear an Glasses	y of the following?		Braces				l l
Contacts			Retainer				
Insurance:		Doo	ctor:		I	Phone:	
I,			give my perm	ission for Empir	re Aquatics, I	nc. coaching staff to	seek treatment for my child,
		in the	event of an e	emergency. I do	not hold Em	pire Aquatics, Inc. o	or the Empire Aquatics
Swim Team respon	nsible for any med	lical cost inc	urred from a	medical emerge	ency.		
•	-			<u> </u>			
					Sig	gnature of parent or	legal guardian
				EDIA RELEA			
							including our swimmers'
						ents are granting per	mission to use athletes photos
and photos in which	tney may be incl	uded for the	team website	and promotion	ai materials.		

Parent Signature:__

Athlete Signature:__