



Empire Swimming
 Rocket Team Practice Schedule at Masters School
 June 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					EMPIRE SPRINT MEET	
3	4	5	6	7	8	9
REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE		
		CRA Meet Deadline		GRYM MEET	GRYM MEET	GRYM MEET
10	11	12	13	14	15	16
REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE		
17	18	19	20	21	22	23
REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE		
				PAC MEET	PAC MEET	PAC MEET
24	25	26	27	28	29	30
REGULAR PRACTICE	REGULAR PRACTICE	REGULAR PRACTICE	NO PRACTICE	NO PRACTICE		
ISCA ENTRY DEADLINE						
Regular Masters Rocket practice is Monday-Friday 5:15 - 6:15 PM						